



Bishop John Robinson CE Primary School

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Monday, October 18, 2021

Dear Parents and Carers,

On Monday 18th October, Nurse Leslie (who joined us last year for our NHS Day) will be visiting Years 5 and 6. She will lead a session, directed to the girls only, and will cover the menstrual cycle. By the end of the session, children will be able to:

- understand the menstrual cycle,
- understand what to expect during a period,
- learn how to manage periods while continuing with normal activities,
- develop a positive attitude to these changes, and
- have an improved understanding of the benefits of good personal hygiene.

Nurse Leslie will lead the session with Mrs Hale (our Year 6 Teacher) and Mrs Ripley will also be available. We will explain to the girls that we have a small supply of sanitary products in school if needed.

After the Menstruation session (later in the term), the girls will be given a small pack containing some samples of sanitary towels. If there is any reason you would prefer your daughter not to receive this pack, please let the school office know in confidence.

If you have any questions or concerns regarding this session, please contact me through the school office.

Yours faithfully,

Mr M E Harris
Headteacher