

Autumn 2021

Dear Parent or Carer,

**National Child Measurement Programme (NCMP) for children in Reception and Year 6**

It is important to have a good understanding of how children are growing, so that the best possible services can be provided for them. Helping children to achieve a healthy weight is both a national and local priority. As a result, every year, all children in England in Reception and Year 6 normally have their height and weight measured. It is the local authority's responsibility to carry out this programme, as part of its role to look after public health. The programme is being carried out by Young Greenwich (Oxleas NHS Foundation Trust) on behalf of the Royal Borough of Greenwich.

The programme will be delivered in a COVID-safe way, in line with the school and local authority's safety control measures. This includes robust hand and respiratory hygiene and enhanced cleaning arrangements for the rooms and equipment used to measure your child's height and weight as recommended in the national guidance for schools and healthcare. Oxleas staff will be required to follow the PHE COVID-safety guidance.

**What will happen?**

- Your child's class will take part in this year's measurement programme.
- The measurements will be carried out by trained public health staff.
- The measurements will be done in an area away from other pupils.
- Children who take part will be asked to remove their shoes and coats and will be weighed in normal indoor clothing.
- You will receive a letter with your child's measurements.

Royal Borough of Greenwich are required to collect information such as your child's name, sex, address, postcode, ethnicity and date of birth for the NCMP programme. The NHS will also store the information on your child's health record. As this is a mandated programme, this is permitted under the General Data Protection Regulation (GDPR). This information will be used within the local authority and NHS to help us plan the advice and support that will be provided for children and their families in your area. The information will also be used to inform national and local level summaries. Your child's school will receive an anonymised summary of results for the whole year group but will not receive the individual results for your child.

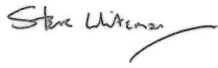
Further information about the National Child Measurement Programme can be found at <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme> or [www.oxleas.nhs.uk/CYP](http://www.oxleas.nhs.uk/CYP)

Information and fun ideas to help your kids stay healthy can be found at <https://www.nhs.uk/change4life>

**Opting your child out of the programme**

If you are happy for your child to take part, you do not need to do anything. If you want your child to opt out, or would like to discuss the National Child Measurement Programme please email the Young Greenwich Oxleas team within two weeks of receipt of this letter at [oxl-tr.NCMP@nhs.net](mailto:oxl-tr.NCMP@nhs.net).

Yours sincerely



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 Royal Borough of Greenwich



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