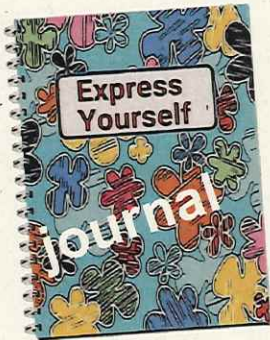


Express Yourself



For mums to be and mums with children under 2



**Tuesday 10th Sept to
15th Oct 2024
9.30 - 11.30**



A six week creative course with time to explore the changes motherhood brings.



Suitable for pregnant Mums and Mums with children up to the age of 2

The aim of the course is to increase bonding between mothers and babies.



**Venue: Abbey Wood Children's Centre,
Dahlia Rd, London SE2 0SX
Tel: 020 8311 5491**

**This event is open to families living in
the borough of Greenwich**



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better for everyone



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Part of the Greenwich
Family Hubs Network



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