

Parent and carer drop-in meetings

What is an Educational Psychologist?

An Educational Psychologist (EP) uses their knowledge of psychological theory to help children, young people, parents/carers and education staff to understand and support with issues relating to children's learning, development, behaviour and wellbeing.



What can I talk to an EP about?

There are a wide range of areas that we can support you to think about, such as:

- Understanding your child's feelings and behaviour
- Managing routines at home
- Concerns about your child's play, learning or development
- Supporting your child's wellbeing
- A listening ear for you to talk about how you are feeling
- Referrals to our service or other services that might be helpful to you



Parent and carer drop-ins

We are attending Parents' Evening on **Tuesday 28th November from 5.30pm**. We will be available for parents to drop in for a short discussion of up to 15 minutes. These conversations will be confidential and are intended to introduce you to the role of an Educational Psychologist, and give you the opportunity to briefly discuss any concerns in a safe and supportive space. We look forward to meeting you!

Polly Howard (Educational Psychologist in Training)
Amy Suddards (Educational Psychologist)

