

# SEND October Half Term Sports and Activities

- Free SEND inclusive sports and activities for D/deaf, disabled and neurodivergent young people and their families during the October Half Term in Thamesmead
- All abilities/disabilities welcome

## Inclusive Yoga (5 - 16 years old)

Tuesday 24th October - 11 - 12 pm

Where: Waterways Children's Centre, SE28 8EZ

## Inclusive Zumba (5 - 16 years old)

Wednesday 25th October - 11 - 12 pm

Where: Waterways Children's Centre, SE28 8EZ

## Multi Sports (6 - 16 years old)

Thursday 26th October - 4 - 5 pm

Where: Sports Club Thamesmead, SE28 8NJ



## Sign up here:

 <https://bit.ly/SignUp-InclusiveOctober2023>

Or scan the QR Code



## Get in touch:

 020 7993 9883

 [Disability.Inclusion@AccessSport.org.uk](mailto:Disability.Inclusion@AccessSport.org.uk)

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