

Autumn 2023

Dear Parent or Carer,

National Child Measurement Programme (NCMP) for children in Reception and Year 6

It is important to have a good understanding of how children are growing, so that the best possible services can be provided for them. Helping children to achieve a healthy weight is both a national and local priority. As a result, every year, all children in England in Reception and Year 6 normally have their height and weight measured. It is the local authority's responsibility to carry out this programme, as part of its role to look after public health. The programme is being carried out by Young Greenwich School Nursing (Oxleas NHS Foundation Trust) on behalf of the Royal Borough of Greenwich.

What will happen?

- The checks are carried out by registered school nurses or trained health care providers.
- Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.
- The programme will be delivered in a safe way, in line with the school and local authority's safety control measures and national guidance for schools and healthcare.

If your child is above a healthy centile (over 91st BMI centile), an automatic referral will be made to Xplore, a healthy Lifestyle programme for children and young people and their families delivered by Greenwich Leisure Limited in partnership with Young Greenwich School Nursing.

Royal Borough of Greenwich are required to collect information such as your child's name, sex, address, postcode, ethnicity and date of birth for the NCMP programme. The NHS will also store the information on your child's health record. As this is a mandated programme, this is permitted under the General Data Protection Regulation (GDPR). This information will be used within the local authority and NHS to help us plan the advice and support that will be provided for children and their families in your area. The information will also be used to inform national and local level summaries. Your child's school will receive an anonymised summary of results for the whole year group but will not receive the individual results for your child.

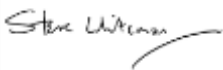
Information about NCMP can be found at <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

Information and fun ideas to help your kids stay healthy can be found at <https://www.nhs.uk/change4life>

Opting your child out of the programme

If you are happy for your child to take part, you do not need to do anything. If you want your child to opt out, or would like to discuss the National Child Measurement Programme please email the Young Greenwich Oxleas team stating your child's name, date of birth and school, within two weeks of receipt of this letter at oxl-tr.NCMP@nhs.net

Yours sincerely



Steve Whiteman
Director of Public Health
Royal Borough of Greenwich



Florence Kroll
Director of Children's Services
Royal Borough of Greenwich



Lisa Thompson
Director of Children & Young People's Service
Oxleas NHS Foundation Trust